MCM/ION COMMUNICATIONS

Capabilities Statement Talent Management & Off-the-Shelf Training

WHO WE ARE

McMillon Communications, Inc. is a 35-year-old communications training firm based outside of Washington, D.C. Founded by veteran journalist, newscaster and public speaker Doris McMillon, the company offers a diverse team of seasoned trainers who come from the corporate, federal and non-profit worlds. Team McMillon's trainers bring years of experience in various disciplines. We are comfortable in front of people, knowledgeable of our subject matter and we have a passion for teaching.

WHAT WE DO

We offer effective and engaging training programs, including Professional Development, Workforce Development, Employee Assessments, and Leadership Development, among others. We also offer customized training programs. All of our programs impart strategies that help attendees achieve the best outcomes. We incorporate the spoken and written word, active listening, comprehension, and communications skills in all of our courses.

We understand that people learn in different ways and at different speeds. Patience and inclusivity and flexibility are key components to helping our participants gain skills they can use when the course is over. We are prepared to change and adapt to different situations and environments. Our trainers, who are themselves lifelong learners, are ready to help those they teach to try, practice and demonstrate what they have learned.

HOW WE DO IT

In our current COVID environment and beyond, our training vehicle is virtual. We utilize various virtual platforms like Zoom, Adobe Connect, MSTeams and WebEx. We are also able to facilitate our classes in person when safe and needed.

We understand that "One Size Training does NOT fit all." We ask our clients what they want themselves or their employees to learn so they can perform their jobs with greater competency. Once the goals have been established and the classes begin, we tell our participants what we're going to cover. We give them the information by explaining key points and processes. We include multimedia presentations and encourage participation by the attendees to ensure reception of the materials by all. Participants are moved into breakout sessions which allow the employees to collaborate and report their findings to their classmates.

We also encourage team building and comradery during our training sessions. We want to help our

attendees to develop good working relationships that add value to one another as well as the organization.

WHY SHOULD YOU HIRE US?

- Years of experience in the Government, Corporate & Non-Profit Sectors
- Diverse Team of Highly Skilled & Credentialed Personnel
- A Passion for Teaching with Proven Results
- Small Company Flexibility with Large Company Delivery
- Low Overhead Translates to Very Competitive Rates
- Focused Project Management & Communication Plans

COMPANY INFORMATION

DBA: McMillon Communications, Inc. Business Type: S Corporation State of Incorporation: Delaware DUNS Number: 071450667 Cage Code: 3TLS9

GOVERNMENT CERTIFICATIONS

- Woman Owned Small Business
- SBA Small Disadvantaged Business
- MDOT MBE
- Prince George's County MBE
- WMATA DBE
- WMATA's Small Business & Local Preference Program
- WBENC
- Virginia Dept. of Small Business & Supplier Diversity, Small, Micro, Women Owned, Minority Owned, DBE, WOSB

NORTH AMERICAN CLASSIFICATION SYSTEM

- 611430 Professional & Management Development Training
- 541820 Public Relations Agencies
- **541840** Media Representatives
- **541199** Legal Services
- 512110 Motion Picture & Video Production
- 541430 Graphic Design Services
- **541611** Administrative Management & General Management Consulting Services
- 541830 Media Buying Agencies
- 541921 Photography Studios, Portrait
- **541922** Commercial Photography
- **561110** Office Administrative Services
- **516210** Radio broadcasting networks; Television broadcasting networks
- 541613 Marketing consulting services



OUR CUSTOMERS

American Chemical Society Center for Medicare & Medicaid Services (CMS) Council of Minority Transportation Officials (COMTO) District Department of Transportation (DDOT) Graduate School USA National Institutes of Health International Bureau of Broadcasting **US** Department of Education US Department Health & Human Services—Administration of **Children & Families** US Department of Housing & **Urban Development** US Department of Transportation **US Postal Service** Veterans Administration (VA) Washington Metropolitan Area Transit Authority (WMATA) Xerox

OFF-THE-SHELF COURSES

Accountability in the Workplace Administrative Office Procedures Administrative Support* Anger Management Assertiveness & Self-Confidence **Attention Management Basic Bookkeeping** Being a Likeable Boss Body Language Basics **Budgets & Financial Reports* Business Ethics Business Etiquette Business Succession Planning Business Writing*** Call Center Training Change Management* Civility in the Workplace Coaching & Mentoring

Capabilities Statement Professional & Workforce Development | Customized & Off-the-Shelf Training

Collaborative Business Writing* Communication Strategies* Conducting Annual **Employee Reviews Conflict Resolution** Contact Center Training Contract Management Creative Problem Solving Crisis Management Critical Thinking Customer Service **Delivering Constructive Criticism Developing New Managers Digital Citizenship Diversity & Inclusion*** Emotional Intelligence* Emotional Intelligence at Work* **Employee Motivation** Employee Onboarding **Employee Recognition Employee Recruitment Employee Retention Employee Termination Processes Facilitation Skills Generation Gaps** Goal Setting & Getting Things Done Handling a Difficult Customer Health & Wellness at Work **Developing High Performance** Teams Inside the Company* **Developing High Performance** Teams – Remote Workforce **Hiring Strategies** Improving Mindfulness Improving Self-Awareness **Increasing Your Happiness Interpersonal Skills** Job Search Skills* Knowledge Management Leadership & Influence* Manager Management Managing Personal Finances* Managing Workplace Anxiety Managing Workplace Harassment

Media & Public Relations* Meeting Management Millennial Onboarding **Negotiation Skills** Networking Outside the Company Networking Within the Company Office Politics For Managers **Organizational Skills** Performance Management Personal Branding Personal Productivity **Presentation Skills*** Project Management* **Proposal Writing*** Public Speaking* Respect in the Workplace Self-Leadership Sensitivity Training Servant Leadership Social Intelligence Social Media in the Workplace* Speaking the Language of Commerce Stress Management Supervising Others Taking Initiative Team Building For Managers* Telephone Etiquette **Telework & Telecommuting** Time Management Train-The-Trainer Trust Building & Resilience On Unconscious Bias* Virtual Team Building & Management* Women in Leadership* Work/Life Balance Workplace Diversity* Workplace Harassment* Workplace Violence*

*Can be offered as a two-day course

CONTACT INFORMATION

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